

Quantified Self - Brain Resource Webinar this Friday 3rd February 2012 by Dr. Evian Gordon

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Quantified Self

Brain Resource Webinar this Friday 3rd
February 2012

By Dr Evian Gordon Chairman & CEO Brain
Resource

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January 2012

The next Brain
Resource Webinar, Quantified Self will be held this Friday 3rd
February at 1300 ADST Australian time.

Hosted by Dr.
Evian Gordon, Chairman and CEO of Brain Resource, this 10 minute Webinar is
about measuring and tracking the impact of your new brain habits. It firstly
highlights using the 10 Webinars to shift yourself from "Know to
Doing". In Doing by Training your new habits, 1 small step at a time - you
see your brain become more effective at adapting to everything. As you
"Align" and better interconnect your Thinking-Emotion-Feeling-Self
Regulation capacities, the impact of your new outcomes, interactions and goals
will become evident.

This Webinar is part of a weekly series
about how you can:

Know your brain and Train
your new brain habits.

To join the webinar at the following times, please
follow the link below.

2
February 18:00 Hours PST USA / 2
February 21:00 Hours EST - USA

3
February 13:00 Hours ADST AUS

https://brainresource.adobeconnect.com/_a935094174/brainmap

To view aired Webinars on Stress
Reduction, Positivity,

Memory,
Focus,
Emotion,
Feelings, Zone, Relationships and Brain Wellness or for details on upcoming
Webinars visit <http://www.BrainResource.com/Webinars>

About Brain Resource

Brain Resource (OTC: BRRZY, ASX: BRC)
translates new findings about the brain into engaging products for consumers,
employers and clinicians to improve cognition and brain function. With offices in Sydney and San Francisco, and
agents in Europe and Israel, the company is underpinned by an international
consortium of scientists and clinicians that bring together all aspects about
the brain that are usually assessed independently. For more information, please visit www.brainresource.com

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