

Ripple into a Babymoon package on Tamborine Mountain.

Ripple Massage and Witches Falls Cottages Baby Moon Pregnancy massage package

Press Release for Immediate Release

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An exciting new trend in pregnancy is the practice of taking a Babymoon, a trip that pregnant couples take before giving birth in order to enjoy some rest and relaxation before their baby joins them.

If you, or someone you know, is looking for some quietude and pampering before sleep deprivation and midnight feedings become the norm, then a pre-baby getaway is the perfect answer!

And Witches Falls Cottages (www.witchesfallscottages.com.au) and Ripple massage (www.ripplemassage.com.au) have put together the perfect getaway package, complete with a pregnancy massage for the Mum-to-be.

The term Babymoon comes from the more traditional term Honeymoon and was first coined in 1996 in a book by childbirth educator Sheila Kitzinger entitled *The Year After Childbirth*. "The transition to fatherhood is easier, Kitzinger wrote, when a man can take time off to be with his partner and baby in what I call a 'Babymoon'.

Babymoons are popular because parents-to-be know that the luxury of holidays without sterilisers and diaper bags in tow may be out of reach for a while, so they seize the opportunity for one last romantic getaway.

Tucked away on beautiful Tamborine Mountain in Australia's Gold Coast Hinterland, the Witches Falls Cottages offer intimate and cosy accommodation for couples and are the ideal location to relax, rejuvenate and reconnect at any time.

The Witches Falls Cottages Babymoon package includes your choice of gourmet or BBQ breakfast in the morning, a cuddly companion for your baby from the local Teddy Bear Shop and the sheer indulgence of a Ripple Babymoon Massage one and a half hour pamper session in the privacy of your cottage.

Choose a one and a half hour massage by Ripple therapists trained in pregnancy massage, or a one and a half hour Pamper Package that includes a -hour facial, a -hour manicure and a -hour pedicure.

In August this year, Jonathan and Amy wrote in the Witches Falls Cottages Visitors Book, "We spent ages gazing up at the stars and making wishes for our unborn bub. Thank you for providing an exquisite Babymoon getaway!"

For more information or to book please call Witches Falls Cottages on 07 5545 4411 or visit www.witchesfallscottages.com.au

More information on Pregnancy massages that come to you are at Ripple Massage on www.ripplemassage.com.au or phone 0438 567 906. Ripple is the day spa that comes to you Sunshine Coast, Brisbane, Gold Coast, Byron Bay, Melbourne, Mornington Peninsula and Yarra Valley.

-ENDS-

Editors note: hi resolution pictures are available by request from Alison Shaw, email info@ripplemassage.com.au or phone 0434991879. Hi res images are also available from the media room at www.ripplemassage.com.au

Twitter: www.twitter.com/rippleali

To arrange famils or interviews, please contact Alison Shaw on alison@ripplemassage.com.au

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