

Treat your sole

Ripple launches foot reflexology massage with all day spa packages

Winter is a time when feet are often wrapped up in boots and can be a little neglected. Ripple has just launched including a free foot reflexology treatment in all its day spa packages. More information is at [Foot massage](#) "I discovered reflexology on a recent trip to Beijing," said Alison Shaw, owner of Ripple Massage, "and have been wanting to introduce it into Ripple ever since." "Just up near Tiannamen Square, I found the place I had been looking for. A small room, kind of resembling a doctor's office. The receptionist at the hotel had assured me that this was where I would get the best reflexology treatment in Beijing. "So with a mix of English and a smattering of pathetic Chinese, the lady at the massage clinic took pity on me and said "English okay. Either that or she didn't like her language being butchered by another foreigner." "So that barrier aside I then had my feet soak in a mix of Chinese herbs (27 apparently, kind of like the Kernel's secret herbs and spices but for the feet). And then the most sublime foot massage I've ever had. Within minutes, all the traipsing up and down the Great Wall and around the Forbidden Palace disappeared." So good in fact that I went back the next day...oh and the next."

Ripple has just launched including a free foot reflexology treatment in every spa package. They also have a special spa package just for the feet that includes one hour foot reflexology, express pedicure, foot exfoliation and warm lime and peppermint scented foot soak, all for \$150.

For more information on Ripple or to make a booking please phone 0438 567 906 or visit [Ripple Reflexology Massage](#)

Ripple provides a unique mobile day spa service to women, men and couples throughout the Gold Coast, Mt Tamborine, Brisbane, Sunshine Coast, Byron Bay, Melbourne, Yarra Valley, Great Ocean Road, Mornington Peninsula and Geelong regions. Also all Sydney and Tasmania.

We welcome journalists trying out one of our spa packages, please contact us for details. High res pictures available. Alison Shaw - 0434 991 879 alison@ripplemassage.com.au www.ripplemassage.com.au Twitter : www.twitter.com/rippleali Facebook : www.facebook.com/ripplemassage

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