

16 INTERVIEWS IN 1 NEWS RELEASE INCLUDING SCHWARZENEGGER,GAME OF THRONES "THE MOUNTAIN", FRANK IFIELD, JAN STEPHENSON, JOURNEY,KANSAS, RIO GOLD MEDAL HOPEFULS MICHAEL DIAMOND,MELISSA WU, CELEBRITY CHEF JOHN LANZAFAME,JARRYD HUGHES, FUTURIST CHRIS RIDDELL,

HEALTH, SPORT, FOOD, COLOR SWITCH APP, OLYMPICS, GOLF,MUSIC, BOOKS, THE FUTURE AND MORE

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FOR INTERVIEWS OR FURTHER INFORMATION email max@marksonsparks.com or call Max Markson 0412501601

ARNOLD SCHWARZENEGGER IS BACK IN AUSTRALIA!The Terminator always keeps his promises and Arnold Schwarzenegger said "I'll be back" and he is, for the 2nd annual Arnold Classic Australia at the Melbourne Convention and Exhibition Centre (MCEC) from 10am to 6pm on Friday 18th March to Sunday 20th March .www.arnoldclassic.com.au MEDIA ARE INVITED to a preview of The Arnold Classic at the MCEC from 10am on Friday 18th March . There will be a news conference with Arnold Schwarzenegger later on Friday 18th March. Details to follow.

INTERVIEW TONY DOHERTY

GAME OF THRONES "THE MOUNTAIN" COMING TO MELBOURNE !Game of Thrones (GOT) star Hafthor Bjornsson who plays "The Mountain" in the world wide hit TV show arrives in Melbourne on Thursday 17th March to compete for US\$50,000 in The Arnold Strongman World Championships at Arnold Schwarzenegger and Tony Doherty's multi sports event , the Arnold Classic at the Melbourne Convention and Exhibition Centre.

INTERVIEW HAFTHOR BJORNSSON

LEGENDARY VOICES OF ROCK TO TOUR AUSTRALIA!Legendary golfer Jan Stephenson is proud to announce the Legendary Voices of Rock tour featuring the music of Journey and Kansas with Journey's former lead singer Steve Augeri and Kansas's former front man Robby Steinhardt. Steve Augeri will be singing Journey's greatest hits such as "Any Way You Want It" and "Don't Stop Believing" while Robby Steinhardt will be playing his iconic violin and performing Kansas hits such as "Carry on Wayward Son" and "Dust in The Wind". Tour dates and ticket info available at www.janstephensonevents.com INTERVIEW JAN STEPHENSON, STEVE AUGERI AND ROBBIE STEINHARDT

AUSTRALIA'S GLOBAL 60'S POP SUPERSTAR FRANK IFIELD RETURNS TO THE STAGE AFTER 30 YEAR ABSENCE!In 1963 Australia's Frank Ifield was bigger than Justin Bieber and Ed Sheeran combined are today. The Beatles were his support act. He had four number 1 hits on the UK charts in a little over 12 months. Now Frank is returning to the stage, after a 30 year absence to star in FRANK IFIELD REMEMBERS at two Mothers Day shows in Sydney prior to a national tour around Australia. INTERVIEW FRANK IFIELD

FUTURIST CHRIS RIDDELL PREDICTS NO CASH WITHIN 5 YEARS! According to Australia's leading futurist Chris Riddell these are 3 things that will change in Australia in the next 5 years. 1.Driverless cars and truck will be commonplace. 2. Mobile phones will make way for wearable technology . 3. We'll all have no money, well no actual money. Life as we know it will be cashless because we'll be tapping and using plastic cards. Chris already practises what he preaches and never has any actual cash or money on him. INTERVIEW CHRIS RIDDELL ABOUT THE FUTURE OF EVERYTHING

AUSTRALIAN JAMES BOND STYLE THRILLER WRITTEN BY MAN WHO SHOULD BE DEAD! Author Arthur Bozikas should have died 30 years ago, instead he has written his first instalment of an Aussie James Bond style thriller called Black Ops Zulu: Pivotal Velocity , where he wants to promote not only his novel, but also draw attention to the Red Cross Blood Service and blood donations as a way to say thank you for keeping him alive! Arthur was born 55 years ago with a rare genetic blood disorder called beta thalassaemia major, and was not expected to live past 20. He continues to defy and amaze doctors by outliving the odds, and he remains one of only a few oldest survivors . Each month he spends half a day receiving blood transfusions at RPA so he wants to draw attention not only to his book but also to the need for blood donors to come forward and support the Red Cross Blood Service in its drive for new blood donors for Easter. INTERVIEW ARTHUR BOZIKAS

WORLD'S MOST DOWNLOADED APP ,COLOR SWITCH, IS THE "NEW" FLAPPY BIRD - ITS THE GAME YOU CAN'T PUT DOWN! If you thought Flappy Bird was hard just wait till you try the new Color Switch app that is top of the charts and the most downloaded free app in over 25 countries globally including the US, UK, Australia, Canada, Sweden and the list goes on. INTERVIEW APP INVENTOR DAVID REICHEL

MILLIE PHILLIPS TRUE LIFE STORY "CLOUDS OF GLORY" IS A PAGE TURNER Clouds Of Glory is the true story of Millie Phillips, an extraordinary Australian with one of the most inspiring life stories you will ever encounter.Escaping the threat of Nazism from Poland in 1938 at the age of 9 she arrived in Sydney, learnt English, shorthand typing and entered the workforce at 15. She went on to become the first Australian woman to employ over 1,000 staff, the first Australian woman to acquire mineral exploration areas, float and chair public companies as well as private businesses including land development, building, hospitality, aged care facilities and a string of other ventures. Millie was also the first Australian woman to attend Harvard Business School and at eighty seven, she still runs her businesses! INTERVIEW MILLIE PHILLIPS

OLYMPIANS MICHAEL DIAMOND, MELISSA WU, JARRYD HUGHES MINING FOR GOLD! Dual Olympic Gold medal winner Michael Diamond is shooting for gold this weekend to qualify for his 7th consecutive Olympic games. Beijing high diving silver medal winner Melissa Wu is on her way to her 3rd consecutive Olympics and Winter Olympian Jarryd Hughes , the world's youngest number 1 snowboarder has just returned home after becoming the first Aussie male to win GOLD at the ESPN Winter X games in Aspen. INTERVIEW MICHAEL DIAMOND, MELISSA WU AND JARRYD HUGHES.

CELEBRITY CHEF JOHN LANZAFAME HAS A WAY WITH FOOD! Celebrity master chef and cook book king John Lanzafame is known as Australia and the WORLD'S BEST PIZZA MAKER but thanks to his Sicilian heritage he is an expert on all things Italian food, drink and lifestyle. INTERVIEW CHEF JOHN LANZAFAME

CAVIAR KING JOSH REA IS IN A TRUFFLE! Caviar King Josh Rea of Gourmet Life is an international food star and Tsar importing caviar, truffles and exclusive gourmet delicacies from all over the globe. His Sydney store Gourmet Life is stocked with hundreds of thousands of dollars' worth of Beluga and Oscietra Caviar from Iran, Dubai, Israel and Spain, plus black truffles from Spain and incredible Italian Maglio chocolates. INTERVIEW JOSH REA about his life as a food Tsar!

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