

# Afford Enriches the Lives of Oran Park Locals Living with Disability

Oran Park locals living with disability are engaging in meaningful and enriching life experiences during isolation thanks to one-to-one support from Afford (The Australian Foundation for Disability).

For the past three years, the staff at Afford's Oran Park Day Program have supported Mathew to get involved in the things he loves, such as going to the gym and immersing in nature.

Adapting to COVID-19 restrictions, Afford worked with Mathew to change his previous day program based supports, to individualised one-to-one support from an Afford Lifestyle Assistant.

With assistance, Mathew recently visited Mount Annan Botanical Gardens. The outing combined one of his much-loved interests and provided personalised social interaction for a healthy mindset.

"I love going out into nature and enjoying some sun rays," said Mathew.

Krystan also benefits from one-to-one support from Afford. At home, she explores her creativity through art projects. Her Afford lifestyle assistant encourages her to keep up an exercise routine to stay active and healthy.

During one-to-one support, Krystan is progressing her numeracy and literacy skills. Gaining confidence in using numbers and letters for everyday life is an NDIS goal for Krystan. With her support person, she completes addition and subtraction worksheets and plays fun maths games.

Through books, they read for entertainment and explore new places, people, and cultures of the world.

"Recent world events have meant that we have to adapt to different ways of delivering disability supports. With one-to-one in-home supports, our clients can continue to work towards their goals, even while isolation measures are in place," said Antoinette Imbruglia, Team Leader at Oran Park Day Program.

With individualised support from Afford's Oran Park Day Program staff, people living with disability in the local community can develop their skills engage in activities they love and live life their way.

Afford is a registered charity and has been operating in Australia for 68 years, providing a range of disability supports to thousands of people every day.

As one of Australia's longest-serving not-for-profit disability organisations, Afford goes above and beyond traditional service offerings to adapt to new operating environments to support individuals achieve their goals for work, home and life under the NDIS.

For more information visit [www.afford.com.au](http://www.afford.com.au) or call 1300 233 673.

ENDS

Media Contact: Maria Crema: Crema PR m 0402 239 929 e [maria@cremapr.com.au](mailto:maria@cremapr.com.au)

About Afford - [www.afford.com.au](http://www.afford.com.au)

The Australian Foundation for Disability is a registered charity providing disability services to thousands of people across Australia. The supports provided by Afford include Shared Living; Overnight Respite; Social and Community Programs; Transition to Work Programs; Transition to Retirement Programs; Carer Support; Disability Employment Services; Supported Employment; Allied Health Support, Support Coordination and Supported

Holidays.

**Contacts**

Maria Crema

0402239929

mailto: [maria@cremapr.com.au](mailto:maria@cremapr.com.au)