

Best-selling author and global speaker, Gary Douglas, releases new book 'A World of Choice, A World of Freedom'

In *A World of Choice, A World of Freedom*, Access Consciousness® founder, Gary Douglas highlights the single most powerful factor we have in creating a life we desire: what we choose for ourselves. He says:

“The greatest freedom you have available to you in life is the ability to choose.”

A World of Choice, A World of Freedom is based on conversations between Gary Douglas and the global participants of a four-part telecall series. Throughout the book, Douglas discusses the power of choice; how we sometimes avoid it, how we can harness it for greater creative possibility.

“Your choice creates your reality. You have to choose the reality you want. Every time you have an opportunity for something, you have to look at it and ask: What do I want to choose? What do I want to create as my reality?”, Gary explains.

The book also includes a powerful ‘clearing statement’ – a verbal tool to help you release any limitations, expectations and misconceptions about the power of choice, and how it creates your reality.

“As you work through this book, you will begin to see things from a different point of view”, Gary says. “Possibilities will appear that you wouldn’t have recognized before. A new reality will start to show up in your life in ways you would never have expected.”

In *A World of Choice, A World of Freedom*, you will learn:

- Why looking for the ‘correct choice’ will limit you in life
- How choice creates reality, and what you can do to turn your choices into greater possibility
- Why having a willingness to choose is vital
- The power of the ten-second increment
- What you can learn from choosing what you don’t want

Best-selling author, international speaker and business innovator, Gary Douglas has become an internationally-recognized thought leader, transforming thousands of lives across the world. He empowers people to see different possibilities and to recognize what is truly possible for them. Douglas is acknowledged worldwide for his unique perspectives on personal transformation that are unlike anything else in the world. He is not aligned with any particular religion or tradition. The Access Consciousness tools are now offered in 173 countries and have been translated into 30 languages.

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