

MEDIA RELEASE December 2016 Blend up healthy goodness to go As the weather heats up and delicious summer fruits become available, it's an ideal time of year to kick start each day with a nutritious smoothie for the commute to work, morning walk or post gym workout. Convenient and easy to use, the Kambrook Blitz2Go personal blender creates delicious breakfast smoothies, juices or protein shakes directly in the bottle. Simply switch the blade holder with the closable drinking cap and it's ready to enjoy on the go. With a greater focus on eating more fruit and vegetable in 2016\*, the Blitz2Go is an ideal option for busy Australians who like to maximise their nutrition. Featuring an easy grip design, the Blitz2Go includes a 300ml and two 600ml BPA free Tritan plastic bottles. Stay on top of your fruit and vegetable intake with the Kambrook's Blitz2Go recipe e-book with more than 200 recipes. Kambrook Blitz2Go™ Active personal blender RRP: \$49.95 Consumer enquiries: visit [www.kambrook.com.au](http://www.kambrook.com.au) or call 1300 139 798. Consumer blog <http://aperfectpantry.com.au>. Facebook [www.facebook.com/kambrook](http://www.facebook.com/kambrook)

\*<http://ipsos.com.au/food-facts-fiction-and-fads-how-australia-eats-thinks-about-and-shops-for-food/> Images can be downloaded here: <https://www.dropbox.com/sh/sn922sx2hcdzrrg/AAAQcnpm-d9VpR7H232W7PvTa?dl=0>

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