

Cryoskin: Breakthrough 30-Minute Treatment Making Fat Disappear

Freeze yourself hotter - The newest non-invasive fat loss & skin toning technology has made its way to Australia.

Burning fat is hard work. Yet, even if you exercise regularly and eat healthily, some fat is too stubborn to go away no matter how hard you try. Until now. A revolutionary new treatment perfected in Paris has made its way to Australia and is already making waves in the industry for its remarkable results. It's called Cryoskin, a half-hour long, non-invasive procedure that painlessly contours the body to produce reductions of up to two inches in just one session. After a few appointments, patients report noticeable fat and cellulite reduction across their stomach, arms, thighs, and other typical problem areas. Sounds too good to be true? A new West End-based Cryoskin studio is turning skeptics into clients with personalised treatments in a body-positive atmosphere. Cryoskin Brisbane the sister company to The Float Space West End, was the first to bring the Cryoskin procedure to Brisbane and is rapidly growing since along with Cryoskin's popularity. "The clients are loving the results, even after the first session," says Cryoskin Brisbane studio owner Janina Hildebrand, who also is founder and owner of the popular float and wellness centre The Float Space. Due to its novelty, there is still a lot of misinformation and misconceptions out there about the Cryoskin procedure. To sort through it all, here are four of the most frequently asked questions about Cryoskin answered with cold, hard facts from a Cryoskin expert. How exactly does Cryoskin "freeze away fat?" While the tool used to contour the body in the Cryoskin procedure is called a wand, there's no magic being done, but tried and true science. At Cryoskin Brisbane, clients lie flat on a massage table in a calming atmosphere as a trained technician soothingly massages the problem area with an ultrasound-like handpiece set to a freezing temperature (-8 degrees Celsius). For the first few minutes, the wand is set to a hotter temperature to bring fat cells to the surface of the skin. The extreme contrast when the wand switches from hot to cold then shocks and freezes the stubborn fat cells, which are then flushed out of the system in the following weeks. Hildebrand says the ease of Cryoskin is also ideal for clients with busy schedules where consistent trips to the gym aren't possible. The entire procedure lasts just a half-hour, with a minimum of five slimming sessions — one every two weeks — recommended for optimal results of on average 38% fat loss. Is Cryoskin the same as Cool-sculpting? Though the treatments use similar science, Cryoskin is proven to be far faster and more effective at eliminating fat cells. Cryoskin is also customisable and focused on painlessly contouring your body to your desired shape while cool-sculpting painfully pinches and pulls your skin with cold clamps that can lead to numbness and fat collecting in other areas. "With cool-sculpting, it can take up to six months to see results," adds Hildebrand. "With Cryoskin, you see them right away, and with much better results." Cryoskin also won't break the bank, Hildebrand says, with the recommended five sessions totaling just \$1,750, while one cool-sculpting treatment can run on average \$6,000 to \$2,000. What types of Cryoskin treatments are there? To remind clients that their bodies should be treated with compassion, not judgment, Cryoskin follows the motto of "Cryoskin is just the polish to an already perfect diamond. You are more than beautiful!" Sometimes adding that sparkle doesn't come from removing body fat, but smoothing and tightening out areas of the body where stress and age are beginning to show. That's why Cryoskin Brisbane offers Cryofacials and toning sessions in addition to slimming for those less focused on fat than fine lines and wrinkles. During a Cryofacial — a natural alternative to Botox — the wand gently massages the face to increase local tissue metabolism and blood circulation. The skin tightens as a result, reducing fine lines and wrinkles. "It tones and decreases fine lines and brings collagen back to your face so that you have a polished, clean look," says Hildebrand, adding that treatments last about 20 minutes, with five recommended for best results. Do I qualify for Cryoskin? Cryoskin isn't for everyone. Hildebrand recommends that the treatment be an addition to an already healthy lifestyle, so the slimming is just the extra little push you need to reach your goals. "Cryoskin shouldn't be replacing eating healthy and going to the gym," she says. "It's a jumpstart motivation." Pregnant women and people with diabetes, cancer, liver, or kidney disease also should not consider Cryoskin, she says, as it could lead to complications. Most importantly, Cryoskin is for all body shapes and sizes, with a goal of empowerment over judgment. "Cryoskin empowers someone to love themselves no matter what shape they are," Hildebrand says. "If Cryoskin can help you to enhance the natural beauty you already have, that's what we're here for." To book a consultation and learn more about if a Cryoskin treatment is right for you, visit www.cryoskinbrisbane.com

Contacts

Janina Hildebrand
0433408697
mailto:cryoskinbrisbane@gmail.com