

Freedom Equestrian launches Therapeutic Equine Learning into the Gympie Region as a base for expanding Australia wide.

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Gympie Qld - Freedom Equestrian has successfully launched the companies first location in Gympie QLD. Providing equine therapeutic learning developed from successful programs based in the UK & the USA, Freedom Equestrian aims to show how horses can therapeutically benefit people living with disabilities, suffering from mental illness, navigating relationships, supporting youth and child development and building business leadership. Equine based therapies have gained widespread acknowledgement internationally for their ability to assist people of all ages.

Natalie Wilton, Freedom Equestrian CEO & Founder, explains, "Horses can assist just about anyone to overcome behaviours and understand challenges in their lives. Our unique programs assist participants in learning from equine feedback, develop a horse-human bond and secondary develop horsemanship. Learnings can translate to real-world personal development. We see some amazing outcomes from our programs and excited to share this with the local Gympie community as a base to expand our Equine Facilitated Learning programs Australia wide."

Wilton continues, "As a Gympie local, I see the area as the perfect hub to develop our programs, service capability and grow market recognition. The equestrian industry has a well-developed presence locally and makes a great base for our expansion nationwide. We are confident the community will support the therapeutic benefits of horses as horse ownership is high within the Gympie Region and horse owners understand the benefits of horses; most can attest personally to the therapeutic benefits that horses can provide our community."

Equine Facilitated Learning programs developed by Freedom Equestrian use activities to deliver a participant first learning environment. The facilitator, horse and participant develop learning outcomes from the results of the equine lead activities. The participant learns from interactions with the horse and translates that back to how they react and moderate themselves in everyday life. Outcomes and activities are shaped based on the participants' goals. Due to the many therapeutic effects horses can have, programs may have strong outcomes for disabilities such as Autism, ADHD, Development Delay, Downs Syndrome, and more.

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