

# INTERVIEW TONY DOHERTY AS HE AND ARNOLD SCHWARZENEGGER WELCOME TWINS TO THE WORLD!

NEW ARNOLD CLASSIC ASIA ANNOUNCED

FOR IMMEDIATE RELEASE

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ARNOLD SCHWARZENEGGER AND HIS AUSTRALIAN PARTNER TONY DOHERTY WELCOME TWINS TO THE WORLD!

Arnold Schwarzenegger and Australia's Tony Doherty gave birth to the Arnold Classic Australia earlier this year and now they are pleased to announce the birth of twins in 2016 with the Arnold Classic Australia returning to Melbourne from March 18 to 20 2016 and a new baby twin, the first-annual Arnold Classic Asia to be held in Hong Kong from August 19-21 2016, creating the largest series of multi-sport festivals in the world including the Arnold Classics in Columbus, Ohio USA, Rio Brazil, Madrid Spain and Johannesburg South Africa.

As with the Arnold Classic Australia which attracted over 60,000 guests to the Melbourne Convention and Exhibition Centre, the Arnold Classic Asia includes the Arnold Classic men's professional bodybuilding contest, an amateur bodybuilding contest, a large health & fitness EXPO and select amateur sports competitions and demonstrations.

"I'm so excited and proud to be expanding my relationship with Arnold into Asia. The Arnold Classic Australia was a tremendous success this year. It'll be even bigger in 2016 and now with the addition of Asia it really is a tremendous export opportunity for the Australian sports, fitness and health industries to make connections and do business with China. Arnold Schwarzenegger has a vision to help make the world a fitter and healthier place. We can join him on his journey and help Australian businesses at the same time and with every continent now covered, this makes the Arnold Classic the world's biggest multi-sport festival." says Melbourne's Tony Doherty.

TO INTERVIEW TONY DOHERTY email [max@marksonsparks.com](mailto:max@marksonsparks.com) or call Max Markson on 0412501601

"The Arnold Sports Festival is proud to continue its world-wide growth with the presentation of Arnold Classic Asia in Hong Kong in 2016," said Jim Lorimer, who co-founded the Arnold Classic with Gov. Arnold Schwarzenegger in Columbus, Ohio USA in 1989. "The addition of Arnold Classic Asia will put the Arnold Classic on six continents in 2016 and will be the latest step in Arnold's world-wide fitness crusade."

The Arnold Classic Asia is a partnership between Classic Productions, Inc., Tony Doherty, promoter of Arnold Classic Australia, and Hong Kong businessman Richard Petty.

The first Arnold Classic was held in Columbus, Ohio in 1989 and featured professional men's and women's bodybuilding. That event, now known as the Arnold Sports Festival, now features more than 18,000 athletes competing in more than 50 sports and events and draws 200,000 attendees from more than 80 nations.

The Arnold Classic first expanded in 2011 with the creation of Arnold Classic Europe, held each year in Madrid, Spain. Arnold Classic Brazil debuted in Rio de Janeiro in 2013 and the first Arnold Classic Australia was held in Melbourne in March 2015. Arnold Classic South Africa in Johannesburg will be held for the first time in May 2016.

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For more on the Arnold Classic Australia visit [www.arnoldclassic.com.au](http://www.arnoldclassic.com.au)

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MARTINA NAVRATILOVA IN AUSTRALIA

JANUARY 18-31 2016

ARNOLD SCHWARZENEGGER

MELBOURNE MARCH 18-20 2016

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