

Technology enabled care - physiotherapy association recruiting for patient data pilot

APA partners with Macquarie University and myscoreit™ on pilot using digital platform to collect patient outcome data remotely.

The Australian Physiotherapy Association (APA), are commencing a Patient-Reported Outcome Measures (PROMs) data pilot funded by the Physiotherapy Research Foundation (PRF) with support from Macquarie University, to demonstrate the feasibility of data collection to guide better and more effective clinical decisions.

A PROM is a scientifically validated questionnaire used to measure and quantify a patient's condition from their own perspective. PROMs provide valuable data that help complete the feedback loop between treatments and outcomes, assist practitioners with the monitoring of conditions and help to inform treatment decisions.

With current practice to collect PROMs data on an ad hoc basis, the PROMs data pilot is an innovative project that will collect PROMs data electronically and in real-time from patients with knee conditions who are receiving physiotherapy treatment.

Pilot study participants are able to subscribe to the latest dedicated technology for PROMs data collection, myscoreit™. myscoreit is a web-based PROMs collection platform that collects PROMs data digitally from patients whilst at home through a quick and simple questionnaire between appointments. Patients receive immediate feedback, are able to follow their own progress and engage in their own management.

APA's Vice President and Physiotherapy Research Foundation Chair, Jenny Aiken commented on the pilot "We are delighted to partner with the myscoreit platform to enable the APA to investigate the feasibility of digitally collecting PROMs in the private practice setting. myscoreit not only collects PROM data which can be used by the APA to gain insights into the effectiveness of physiotherapy intervention, it also guides the user to choose the right PROM to allow the practitioner to track patient progress and make informed clinical decisions." Jenny added.

Unlike existing PROMs collection solutions, myscoreit has been designed and developed by sports physicians to focus solely on PROMs data collection. Not only does it assist practitioners with choosing the correct PROM for their patient, it also facilitates easy interpretation to help use clinical data with patients to inform treatment decisions.

"Our aim was to design a platform that integrated seamlessly into existing clinical practice and was simple for both you and your patient to use." myscoreit founder and Sport and Exercise Physician, Dr Louise Tulloh said. "The myscoreit platform has the ability to capture and compare data over time enabling you to track patient progress and treatment effectiveness from a dashboard in real time and bridge the gap between appointments. Collection of outcome measures can support remote monitoring, add value to telehealth consultations, and help to improve communication with referrers. This pilot will demonstrate the importance of value-based decision making and the role that technology can play in futureproofing the physiotherapy profession."

Expressions of interest for the pilot are now open, and through the support of the Physiotherapy Research Foundation, all physiotherapists have been given the opportunity to participate in this research.

For more information about the pilot and to sign up to the myscoreit platform please go to physio.myscoreit.com or contact Shelley Crowther or Louise Tulloh via the contact details below.

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