

Cryolipolysis Expert Explains Benefits of CLATUU Fat Freezing at Cosmetic Injection Clinic in Corrimal, Wollongong

Are You Beach-Ready This Summer? Put the Freeze on Fat

With summer around the corner, you're planning lots of fun in the sun. There's just one thing that's putting a damper on your enthusiasm. You've been exercising hard and you stick to a healthy diet, but there are pockets of fat that simply won't go away. Is covering up the only solution? If this sounds like you, then fat freezing, also known as cryolipolysis, could be the answer.

We talked to local cryolipolysis and body aesthetic clinic owners, Jacinda McKay and Shelley Stevens, of Illawarra based Platinum Face and Body Clinic to find out what this clinically proven fat reduction treatment can and can't do, what it entails, and what we can expect from the process.

Benefits of Cryolipolysis“You're an ideal candidate for cryolipolysis if you're at or near your ideal weight already. It isn't a weight-loss treatment. What it does do is target stubborn fat pockets that are resilient to diet and exercise, resulting in up to 30% fat reduction in the treated areas,” Jacinda explained.

“When people visit our clinic to ask about cryolipolysis, we'll check what their goals are first. We're not here to sell treatments, we're here to deliver results, and if cryolipolysis isn't going to help you, we'll be honest with you about that,” Shelley stated.

Cryolipolysis Entails“It's a non-surgical treatment. We use specialised equipment to apply controlled cooling that freezes fat cells without damaging surrounding tissues. Over the next 6 to 12 weeks, your body eliminates the dead fat cells naturally and you will see significant improvements to the treated area,” Jacinda continued.

“You might need more than one treatment – it really depends on what we're trying to achieve for you. But we'll be open with you about the number of treatments we think you'll need before we begin,” Shelley commented.

“At Platinum Face and Body Clinic, we have the most technologically advanced equipment to help us. We use the CLATUU system. We are the only clinic in the Illawarra region with this highly advanced and specialised system, so it's a real advantage for our clients.”

CLATUU Fat Freezing technology uses the world's first 360 degree surround cooling technology for faster, more effective fat reduction, encompassing a larger target area of fat for improved efficiency and results over older technology.

“The system also has dual hand-pieces; most systems can only treat one area at a time, but we can halve the time you need for your treatment. How long that is depends on the area you want us to treat,” Shelley stated.

Timeline for Results“Some people say they can already see an improvement four weeks after the treatment, but most can see the effect around week eight. The natural fat elimination process peaks by the time you reach the twelfth week.”

“If you need several treatments to the same area, you would come to our clinic every eight weeks until the course of treatments is over. Thanks to our experience in the field, we will be able to tell each patient what to expect before he or she begins the process.”

Find Out More“The only way to tell for sure whether cryolipolysis is for you is to visit a cosmetic clinic for an assessment. A qualified practitioner will be able to tell you what you can realistically expect, and you can make an informed decision after that.”

“Of course, if you're in the Illawarra or Sydney area, you're welcome to make an appointment for a free consultation with one of our skilled and trained staff members. We are experienced treatment professionals, so we'll give you an unbiased explanation, answer any questions you may have, and let you decide what to do from there,” Shelley said.

You can reach Jacinda or Shelley and their experienced team by calling +61 2 4200 9468 or visit the Non-surgical, Medical Grade Aesthetic Treatments for the Face and Body | Platinum Face and Body Clinic website to book a consultation online.

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