

DIVORCE TANGO AUTHOR SAYS WHY GREY DIVORCE IS ON THE RISE!

EMPTY NEST SYNDROME ONE OF THE CAUSES

WHY IS GREY DIVORCE ON THE RISE?

Al Gore and his wife Tipper are part of the rise in "Grey Divorce" which has doubled since 1990.

Divorce expert, best-selling author of *The Divorce Tango* and founder of Australia's first National Divorce Centre, Cheryl Duffy says "The reason Grey Divorce is on the rise is threefold. Firstly, money, women are more financially independent so no longer have to choose a bad marriage or poverty. Secondly there is not the same stigma about divorcing now as there used to be and thirdly better health and life expectancy"

"When the children have grown up "empty nest syndrome" comes into play and the parents find they have grown apart or lost the spark that was once there and realise they are not too old to seek happiness later in life" concludes Cheryl.

TO INTERVIEW CHERYL DUFFY email max@marksonsparks.com or call Max Markson 0412 501 601

ABOUT CHERYL

Cheryl Duffy is a CDC Certified Divorce Coach® and Author of the bestseller "The Divorce Tango". Cheryl's career evolved from leading key programs for successful change and betterment in a large, multinational company however, the most difficult change she has ever had to manage was her divorce, which affected every facet of her life. After nineteen years, Cheryl's marriage came to an end, and her life completely changed. Being the first among her family and friends to experience divorce, she was left to blindly navigate her way out of the tumultuous times, into a better post-marriage life. The journey continued in the pursuit to help others impacted by Divorce whereby Cheryl became a Certified Divorce Coach to help others accelerate their divorce recovery so they can let go, move on and create the life they deserve so they don't have to waste years being emotionally paralysed like she did. Through one on one coaching sessions or unique programs depending on whether you are pre/post divorce can empower you to take charge and accelerate your divorce recovery so you can rebuild your life faster. www.thedivorcetango.com

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