

How do you see things?

Are you the glass half full type of person or the glass half empty? I guess at times we are both.

Recently I was pre-arranging a funeral for a client, her elderly mother in the final stages of life and sadly like many with dementia. She hadn't seen her mother or held or hand for many months, COVID restrictions saw to that. On the surface, it just appeared to be a very sad situation.

As we began to talk and I started to learn a little about her mum, my client described how her mother had always been full of fun and laughter and these are the memories she would carry with her, not the sad ones.

She told me a story of when her mother in her 70s and wheelchair-bound, but still full of life had an appointment with her neurologist. The prognosis wasn't good and the specialist explained to her mum the ramifications of her diseases. She sat quietly in her chair as he explained as well as he could what to expect. After he had finished talking she sat silently for a few minutes. Concerned, the doctor walked over to her chair and knelt in front of her. Her eyes suddenly lit up, like a light bulb had just been switched on as she casually queried the doctor, "would sex therapy help?" Startled but as quick-witted as her, the doctor fired back "well, do you have someone in mind?" with that twinkle still in her eye she replied, "do you have a younger brother?" Needless to say, the room erupted in laughter.

It got me to thinking, even at the worst of times, it is the way in which we choose to deal with a situation which will dictate the manner in which we move forward.

COVID restriction has unquestionably thrown great hardship on many people. For me, I have been amazed at the manner in which families have accepted and dealt with loss during this time.

So maybe next time you are faced with what seems an insurmountable challenge in life, remembering the story of my elderly client might just bring a smile to your face and maybe assist you in looking at your situation in another way,

Contacts

Robert Nelson

0395322111

mailto: robert@robertnelsonfunerals.com.au