

Justine Wilson, author of the Crystal Connection, shares her tips on how to incorporate crystals into the different zones of the home. A crystal collector herself, with over 100 displayed throughout her own home, Justine encourages those just starting out with crystals to select a piece that speaks to them as the best rule of thumb. "Crystals can be used in any space that looks pretty and feels right to you, there is no right or wrong way to work with crystals. They are as beautiful as they are mythical, so just enjoy bringing them into your home, and thus you will get a feel for the visual and spiritual impact they can have on your space," says Justine.

Entryway: A nice stone to have at your property's entryway is rose quartz. You will often see this at top end day spas as it promotes a sense of self-love, relaxation and a peaceful experience. Having a stone like this will also signify to your family and guests that it is a welcoming, loving environment to enter.

Study: Amethyst is a wonderful stone to have in creative spaces such as studies, workshops, or even meditation zones, as it can promote mental clarity and assist in opening up and promoting your spirituality. It can help stimulate new ideas and inspiration so it's wonderful for any space when you need to focus, work or create. Another great one for a work zone is citrine, as it can assist in attracting wealth and abundance - so a wonderful stone for any business endeavours.

Living Rooms: Agate is a great stone to have in living areas as it is very versatile to incorporate, you could have an agate artwork, agate bookends on a bookshelf, or agate coasters. Agate also comes in many different colorways so it will work with any interior scheme. Agate is also a grounding stone that promotes maturity and stability, and I think it's nice to feel grounded in your main living space.

Kitchen/Dining: Clear quartz is a great stone for these zones as it is a master stone in many ways. Clear quartz can be programmed for any intention and is a nice one for a kitchen or dining area because often you are also creating something from scratch, so it will work alongside your mood and energy. Quartz can change the feel of the space depending on the vibe and meals you are creating, i.e you could be having a fun night with friends, ask the stone to assist in creating joy and happiness. If it is a serious family dinner, ask the stone to guide you with clarity on the right words to say to your family members to resolve the issues.

Bedroom: A great stone for your bedroom is labradorite as it is a protective stone that can restore energy, promote rest and help to recharge you. It can also assist in revealing your true emotions, which we all need sometimes in order to deal with things or to take the right path of action. Any stone (blues and black stones are great for this) that are protective will also work in bedrooms.

About the Crystal Connection: The Crystal Connection, a 200-page coffee table book is a sensory and emotive visual guidebook that demonstrates a profound love for crystals and is not only inspiring but will connect the reader even more with their own sacred home space. The Crystal Connection is available now at an RRP \$45.00. Currently \$34.40 from [amazon.com.au](https://www.amazon.com.au) and [booktopia.com.au](https://www.booktopia.com.au). Follow them on Instagram @crystalconnectionbook

Contacts

Lisa Solomons

mailto: