

Me Time

Ripple launches mobile pampering for New Mothers

The bub has arrived ...

Everyone has oohed and ahed over the new arrival..

The sleepless nights are starting to take their toll...

And every new Mum starts to dream of having just a little time to themselves where someone pampers them.

Ripple has the perfect answer. Bringing the day spa to its guests, Ripple is the perfect solution for any new Mum that is craving a little of pampering, without the hassle of travelling to a day spa, parking and organising baby sitters around the new arrivals feeding schedule. More is at

www.ripplemassage.com.au "As a Mum of a one-year-old, I know just how hard it is to squeeze in a little "me time" to a new baby's schedule," said Alison Shaw, Owner of Ripple Massage. "Between trying to organise a massage between feedings, and new babies that often don't like being far from their Mums, sometimes it's all too hard and new mothers give up on any pampering for themselves until their little one gets older."

"In reality, this is the time when we need pampering the most! So Ripple will come to you with mobile massage and beauty treatments in your home or hotel. We can fit in around feedings and make sure that you feel well and truly pampered at the end of your treatment. Ripple brings a wide range of styles of treatments, with all the lovely free day spa extras you expect, to you. Our spa packages include free full body exfoliations, organic face masks and foot soaks, and all of our products are friendly for those who are breast feeding."

"Our spa packages are also the perfect gift for a new Mum, we do beautifully printed or emailed gift certificates, and have a long 12 month expiry on them. Many of our guests are buying these as a baby shower gift for the Mum, and they are always appreciated! Many of our guests comment on how thrilled they were to receive something for themselves."

Ripple Massage and Beauty services are available for bookings across South East Queensland, Melbourne, Mornington Peninsula, Geelong, Great Ocean Rd and Yarra Valley as well as Sydney, Tasmania, ACT, Byron Bay, Lismore and Ballina

Visit www.ripplemassage.com.au for a full list of services or call Alison on 0438 567 906 to discuss your hen's night plans.

-ENDS-

For more information, interviews or images, contact:

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