



Natural Health Company, announces Nutrition Ambassador: Lisa Guy

The natural and organic brand, Natural Health Company, known for their range of fat burning coffee, protein and superfood products, are excited to announce and welcome Lisa Guy as their Nutritionist and meal plan developer. Lisa has been a key member of the health and wellness industry for the past 17 years, and is an established Author, Naturopath and passionate foodie who runs her own clinic, Art of Healing. Highly qualified with degrees ranging from a Bachelor's degree in Health Science to an advanced Diploma in Nutrition and Naturopathy, Lisa is the perfect fit for the brand.

Lisa says, "I'm thrilled to be a part of Natural Health Company team, their ethos of using natural and organic ingredients and their approach to weight loss is something that I'm really passionate about. Good, wholesome food should be accompanied by healthy supplements, that not only taste great, but are also free from added nasties." "My passion lies in helping people to achieve their optimum health and happiness and Natural Health Company is the perfect brand to help me achieve this goal. I am so excited to work together with the company to design seasonal nutritional planners that will help people to reach their health and wellness goals." Founder of Natural Health Company, Sylvia Lechowicz says, "We are pleased to have Lisa onboard as our Nutritionist. Together with Blake Worrall-Thompson (Natural Health Company fitness ambassador and fitness plan creator), Lisa will be creating a free core nutrition planner that our community will be able to use in conjunction with our products and fitness plans. These planners will be changed to reflect the season, to help achieve the best health and fitness results possible, no matter what the season." About Lisa Guy: Lisa is an avid health foodie and the founder of organic herbal tea company, Bodhi Organic Tea. As an Author, Lisa has been featured in many leading health magazines (Wellbeing, Eat Well, Natural Health and Nurture) and is a regular contributor in Body+Soul's health section. About Natural Health Company: Natural Health Company products are Australian made, gluten free, sweetened naturally and contain a range of weight loss ingredients, antioxidants and essentials. The range is designed to help consumers reach their weight loss goals faster and keep them feeling naturally energised all day. www.naturalhealthcompany.com.au

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