



One of Australia's leading Plastic Surgeon's issues warning to Mums thinking about Mummy Makeover Surgery Holidays

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One of Australia's leading Plastic Surgeon's issues warning to Mums thinking about Mummy Makeover Surgery Holidays Many Mums use the Summer Holidays for discreet nip and tucks on Medical Holidays Press Release For Immediate Release Darling Point, Sydney, Australia, 7th September 2018, after pregnancy and breastfeeding, many Australian Mums feel unhappy with the look of their post-natal bodies. Many hit the gym and eat healthy to try and get their pre-pregnancy figures back. Some Mums look at cosmetic surgery options available to them and are lured by medical holidays which offer holidays for their families including kids club for the kids and nip and tucks for Mums. Internationally renowned and Triple board certified, leading Sydney Plastic Surgeon, Dr. Ross Farhadieh, states: "We have just seen yet another tragic news of a young woman dying during cosmetic medical tourism brought out the real and ever-present dangers of these so called "medical holidays". A young British mother met her demise following a Brazilian Butt Lift (BBL) Surgery. This is a procedure where unwanted fat is harvested from other parts of the body and after processing, is reinjected into the buttocks to give definition and re-inflate, a deflated and sagging posterior. In some cases, it's actually used to over-inflate the backend to achieve an exaggerated prominence. Recently, the American Society of Plastic Surgery, International Society of Aesthetic Plastic Surgery, as well as, the American Society of Aesthetic Plastic Surgery have all issued warnings about this procedure." Cosmetic surgery is elective and usually safe surgery with mortality rates being recorded as low as 1:55000, this is in contrast to BBL surgery which has now been documented to have unacceptably high rates of mortality approaching 1:3000. In all cases that were investigated it became clear that fat had entered the blood stream and resulted in what is called a "Fat embolus". This is something usually seen in major orthopaedic surgery of the long bones, where bone marrow fat is forced into the circulation ending in the lungs. The resulting cascade of inflammatory reactions culminates in the ultimate death of patients. The reason overseas options are cheaper is due to a myriad of factors, lower medical standards, less safety nets, lower labor costs, lower senior and support staff qualifications, no medical insurance and the list goes on. These are many layers of safety built into our medical system over the years to ensure the safest and most optimal outcome for patients. These layers upon layers of safety also do translate into an increased cost, but more importantly continued and outstanding after care and safety net should there be any problems. Dr Farhadieh says: "As a plastic surgeon I have seen too many young mums who have returned home with their own nightmares of botched plastic surgery. Belly buttons a few centimeters off center, lopsided breasts with double bubble deformities, poor breast implant placement, poorly and inappropriately placed scars. Surgical journey nightmares that seem unending, with expensive revision surgeries at home that will never achieve the optimal outcome, had the primary surgery been successfully and appropriately carried out. " "All too often the postoperative support for medical tourism is nonexistent at home and cursory overseas. What happens if there is a problem when you arrive back home? Who is to take care of the potential complications? These are serious and pertinent questions that have to be answered when considering medical tourism. " Well-equipped Australian hospitals and appropriately qualified Plastic Surgeons provide the safest options for any aesthetic surgery procedure. Dr Farhadieh says "The holidays are the perfect time for facial aesthetic surgery, facelift surgery, neck lift surgery, eyelids surgery or that nose job that folks have been thinking about for some time are discreetly done over the break and by the time they return to work the only tell-tale is comments of work colleagues and friends about looking "refreshed and rested". " Media Contact: Candice Meisels candice@candicepr.com 0481 369 484 About Dr Ross Farhadieh: Dr Ross Farhadieh is an internationally renowned Australian trained and qualified cosmetic plastic and reconstructive surgeon. He is triple board certified. There are less than a handful of plastic surgeons in the World who have three board certifications. Dr Farhadieh is the Chief Editor of the critically acclaimed and internationally hailed reference textbook of plastic surgery: Plastic & Reconstructive Surgery: Approaches and Techniques. His own contributions were chapters on breast augmentation, eyelid and facelift surgery. Dr Farhadieh is a keen runner, with an unrivalled running music playlist to keep him motivated. He is a voracious reader and is particularly interested in history and philosophy. He has a passion for Renaissance art, Italian food, and French wine. He also enjoys travelling, particularly in Europe. Above all, he loves spending time with his wife and young son. <https://www.panthea.com.au/>